

BARRÓG

HEALTHCARE

Excellence in Compassionate Care



Working together with dignity to reveal
the very best 'self' each person can be.

Barróg Healthcare provides residential care and day packages to enable people who need support across the areas of mental health, disability, aftercare, elderly, transitional and mainstream social care. Our programmes are built around our central philosophy; to embrace the possibilities for each person in our care and work with external support agencies and local community groups to grow and foster independence towards an outcome of social interaction and purposeful contribution, celebrating the best of each person's ability.

Senior Staff at Barróg Healthcare have a combined 120 years working in the social care sector in Ireland. This level of experience informs every decision we make about our service delivery, from recruitment to programme development, everything is driven by experience, informed expertise and desire to deliver the best quality development care package possible.

MISSION

To foster ongoing learning in each person the ability to value themselves, reflect with clarity and relate to others with empathy and purpose.

VALUES

To recognise the innate potential of each person, and, to nurture this through the provision of dynamic led care, and the creation of a respectful, safe, accepting environment where our clients can flourish and grow.

WHAT WE DO

We provide bespoke packages in the areas of mental health, disability and social care covering the following needs;

Intellectual Disability

Autism & Asperger Syndrome

Challenging Behaviours

Personality Disorders

Independent Living

Elderly Care in the home

Residential Care

Respite Care

Transitional Care

LEVELS OF SUPPORT

All of our care packages can be tailored to the adequate level of support required;

Aftercare – for young people aged 18+ leaving care.

Low support – community based care support.



Intensive support – accommodation and high level support including overnight sleep or waking night support hours to minimise risks with an additional support plan aimed at a reduction model. Barróg healthcare offers bespoke support packages as requested.

Support only – mentoring and outreach to support and develop a detailed outcome-based action plan.

High level – accommodation and 24/7 provision and phased reduction plan.

Medium level – accommodation and overnight staff presence with daily support sessions for defined periods.



HOW WE DO IT

Support

self-development, growth and understanding towards becoming a participant in society.

Provide

a safe, nurturing environment with access to activities, education, skills and work experience to enhance the development of the 'whole' person.

Enable

the development of positive relationships peer to peer, generational and with figures of authority.

Promote

self-esteem & well-being through fostering skills to improve personal, physical and mental health practices for life.

Partner

with external support agencies in the areas of mental health, substance abuse, and disability.

ASSESSMENT & REFERRAL PROCESS

Clients are mostly referred to Barróg Healthcare through their families and guardians, the HSE, and Tusla. Please see our website www.barroghealthcare.ie for an online referral form. If an assessment is required please contact info@barroghealthcare.ie.



CLINICAL SUPPORT STRUCTURES

Barróg Healthcare understand that reaching personal goals for self-confidence and dignity within a societal context can sometimes be difficult. If required, our clients can avail of counselling, psychotherapy and/or psychology as advised at assessment stage or during the life cycle of their care package. Barróg Healthcare does not currently offer a diagnostic service but we work under the direction of the clinical teams who refer us.

ACCOMMODATION AND LOCATIONS

- All our accommodation offered to young people is fully compliant with Housing (standards for renting houses) regulators 2017, are fire compliant and subject to regular inspections by our management team and HIQA registered.
- Health and safety audits are carried out four times a year and all staff are trained and upskilled regularly according to the care package they are working on. Continual Professional Development of our people is key to the successful delivery our services and we review this in depth each year individually with each member of staff.
- We have many properties located around Ireland allowing for a complete bespoke service for the client dependent on their location and need, be that for one person per location, or many.

GET IN TOUCH

For further information about our services or current vacancies please get in touch:

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